ARE YOU READY FOR THE PICKLEBALL SKILLS TEST?????

Here are some suggestions of skills you should have before you take the test.

1. Be able to serve deep into the forehand and backhand
2. Be able to return a serve deep into the even court and the odd court

using your forehand in one court and backhand in the other.

1. Be able to hit groundstrokes in succession that are deep with your forehand and backhand
2. Standing at the NVZ diagonally be able to dink consecutively with the forehand and back hand.
3. Standing behind the NVZ be able to volley a fast paced volley 5 times consecutively with a mixture of forehand and backhand.
4. Be able to drop a return of serve into the NVZ.(Third shot short TSS)
5. Be able to get to the NVZ after hitting a deep ground stroke and dink the return.
6. Be able to retrieve a lob.